**Part 1: Hinduism and Food**

Your task: Answer the following questions in your notebook.

1. A) What do Hindus believe all living things contain?

B) How does this belief relate to Hindu dietary practices and restrictions?

1. What meats do some Hindus consume?
2. Why do all Hindus avoid eating beef? Explain the Hindu beliefs about cows.
3. Hindus divide food into three major categories depending upon how they are believed to affect the body. Identify and describe these three categories.
4. According to Hindus, what causes illness?
5. Do Hindus fast? Explain.
6. What do Hindus have to do before they prepare and consume food?

**Part 2: McDonald’s Pays Millions to Hindus**

Your task: Answer the following questions in your notebook.

1. Do you think the 10 million dollar settlement was fair? Explain.
2. Do you think restaurant chains are doing enough to respect the dietary restrictions and practices in today’s society? Explain.
3. Do you think people who follow strict dietary restrictions and practices should avoid eating in public restaurants? Explain.